

I. CATALOG DESCRIPTION:

A. Department Information:

Division: Police Science
Department: Police Science
Course ID: CRMJUS 009
Course Title: Verbal Judo
Units: .25
Laboratory 8 hours
Prerequisite: None

B. Catalog Description:

This course provides a thorough overview that will enable students to apply the information they will learn about the philosophy of verbal judo. Introduces the proper procedures for using words as tools not weapons. Students will receive instruction on how to look creatively at conflict and use specific strategies and tactics to find peaceful resolutions.

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II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One

III. EXPECTED OUTCOMES FOR STUDENTS:

Upon completion of the course, the student will be able to:

- A. Use words to achieve professional purposes and how to resist using language to express personal feelings.
- B. Identify how to be in control inside so they can exert control on the outside.
- C. Employ empathy and the "Art of Representation" to become Contact Professionals maintaining self-control and staying in contact with the needs of the department and their audience – the public.
- D. How to effectively deliver words that are on target by first understanding the receiver's point of view. This includes distinct tactical approaches for dealing with difficult people: The "Eight Step Traffic/People Stop".
- E. How to read others and diagnose a verbal encounter.
- F. Understand and implement Verbal Judo concepts.

IV. CONTENT:

A. Verbal Judo Overview

- 1. Program background
- 2. Program history and future

B. Review and Emphasis of Verbal Judo Concepts

- 1. The Rutgers University Study
- 2. Basic concepts and principles of verbal judo
- 3. Two major goals of verbal judo
- 4. The three deadly arenas (we must win in all three)
- 5. The Don Jackson's of the world
- 6. The concept of generating voluntary compliance
- 7. Harmonizing role and voice
- 8. Becoming competent with your use of force continuum

- C. Review of the following verbal Judo Tactics:
 1. Eight step car stop
 2. Seven step pedestrian stop
 3. The use of verbal deflectors
 4. Security, Attack, Flight, Excessive, Repetition, Revised Priorities (S.A.F.E.R.)
 5. Listen, Empathize, Ask, Paraphrase, Summarize (L.E.A.P.S.)

- D. Introduction of the New Verbal Judo Tactics
 1. Dissemination of recently developed strategies and tactics
 2. Reasonable Arc of Movement (R.A.M.)
 3. Reasonable Arc of Pullover (R.A.P.)
 4. Reasonable Arc of Talk (R.A.T.)

- E. The Contact Professional
 1. We need to be professionally ready to handle all types of people
 2. We need to act more like professionals, than amateurs
 3. Developing mind set of working professional
 4. Developing professional face tactics, over personal face
 5. Identify what 'buttons' set you off
 6. How many officers does it take to ruin a department?
 7. Our responsibility to not tolerate unprofessional behavior by our peers
 8. "Walking-the-walk", and "talking-the-talk", when it comes to representing the U.S. Constitution

V. METHODS OF INSTRUCTION:

- A. Lecture
- B. Discussion
- C. Video Presentation
- D. Demonstration
- E. Practical Application Scenarios

VI. TYPICAL ASSIGNMENTS:

- A. Read current Commission on Peace Officer Standards and Training (P.O.S.T.) approved handouts related to verbal judo.
- B. View current P.O.S.T. approved videos related to verbal judo.
- C. Practical application of effectively delivering constructive words to diffuse potentially volatile situations.

VII. EVALUATION:

- A. Methods of Evaluation:
 1. Multiple choice and/or true/false question examinations
 2. Projects: Group scenarios
 3. Short essay question
 4. Demonstrations: Performing verbal judo tactics

- B. Frequency of Evaluation:
 1. Minimum of one (1) examination.
 2. Projects as deemed necessary
 3. Demonstrations after each subject, concept, or tactic

- C. Typical Exam Questions:
 1. Verbal Judo is to be taught:
 - a. As a martial art utilizing katas
 - b. To high school kids to reduce violence
 - c. Only in the basic academy

- d. Officer's spouses and families to communicate better
- e. None of the above

- 2. Verbal Judo is a martial art.
 - a. True
 - b. False

VIII. TYPICAL TEXT(S):

The students will be issued the current P.O.S.T. approved handouts referencing the topics covered. Additionally, other course materials relevant to case law changes and updates may be provided from the State Attorney General's Office, or the District Attorney's Office of San Bernardino County.

IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None

NEED FOR NEW COURSE

1. Need for this new course:

This course is designed to teach the students how to use tactical communications effectively, while remaining within the department's policies and procedures. Students will learn how to generate voluntary compliance from difficult people and use presence and words as a non-violent resolution to street encounters.

2. Cultural diversity:

Culturally diverse issues and how they relate to dealing with people will be discussed in this course. Students will become familiar with how different cultures and their traditions and customs may effect their reactions to encountering law enforcement personnel.

3. Rationale for other requests:

Not applicable.

4. Feasibility - Budget Implications:

Not applicable.